

SANCTITY OF LIFE WHAT CAN YOU DO TO SAVE A LIFE?

- **Join a Prayer Campaign**
 - Prayer is the foundation of everything we do in the pro-life movement. You can strengthen the movement, save lives, and change hearts and minds by praying explicitly each day for an end to abortion, for the babies and their parents, for doctors and public officials, and for all who are working in this great cause.
 - **Related links:**
 - **Priest for Life-** www.prayercampaign.org
 - **40 Days for Life-** <https://40daysforlife.com>
- **Witness to Life**
 - Join a March, such as the annual **March for Life** in Washington, or the **Prayer Service and March** Fr. Jim leads in Sheppton each year.
 - Join a **Prayer vigil** outside of an abortion center (see link above for 40 Days for Life)
- **Volunteer at a Pregnancy Center**
 - Any woman who is pregnant and in need of help can turn to a pregnancy center. She never has to feel that abortion is the only option. Thousands of pregnancy centers, Churches and other organizations are providing counseling, medical services, education opportunities, adoption resources or just the understanding ear of a friend.
 - **Pregnancy Resource Center of Greater Hazleton**
 - www.freepregnancysupport.org
 - [Facebook.com/hazletonpregnancycenter](https://www.facebook.com/hazletonpregnancycenter)
 - 570-497-4959
 - **Birthright of Frackville**
 - <http://birthright.org/en/landingpage/lp-frackville>
 - 1.800.550.4900
 - 570-874-2621

- **Heartbeat**
 - 1-800-712-HELP (4357)
 - www.PregnancyCenters.org
- **Partner with a Post Abortion Healing Ministry**
 - By doing so, you can spread the word that healing and forgiveness are available to those who have had abortions.
 - **Related links:**
 - www.SilentNoMore.com
 - www.AbortionForgiveness.com
 - www.AbortionTestimonies.com
 - www.IRegretMyAbortion.com
 - www.AbortionShockwaves.com
- **Study and Live the Pro-life Spirituality**
 - Defending the unborn is not simply a “hobby” or political ideology. It is a spirituality, an aspect of one’s discipleship of Christ.
 - **Related links:**
 - www.MissionariesoftheGospelofLife.org
- **Exercise Political Responsibility**
 - The pro-life movement works across party lines and calls everyone to rediscover that the foundational principle of government is the right to life and the duty of government to protect life. Moreover, if we want our public policies to be based on that principle, then it’s necessary to participate in elections and in communicating with those who are elected.
 - **Related link:**
 - www.PoliticalResponsibility.com
- **Connect with a Pro-Life Organization**
 - Pennsylvanians for Human Life- www.pennlife.org
 - Priests for Life- www.PriestsForLife.org
 - National Pro-life Alliance- www.prolifealliance.com